

MANTHAN SVK
SAMPOORNA
VIKAS KENDRA

The Holistic Education Program
for Underprivileged Children





Divya Jyoti Jagrati
Sansthan (DJJS)

A multi-faceted socio spiritual organisation run under the stewardship of His Holiness Shri Ashutosh Maharaj Ji aims to actualize the vision of 'Global Peace through Self Awakening'. DJJS is working towards social reformation and welfare of communities, through its network of branches spread across the globe. On Social front, its primary focus remains on gender, health, education, environment, drug-abuse eradication, bovine conservation and empowerment of disabled and prisoners.



Our Inspiration

"Holistic Education epitomizes an internal evolution process enabling a child to know his own self and realize his latent potential"

- His Holiness Shri Ashutosh Maharaj ji

I am Manthan

Manthan stands on the pillars of holistic education, dignified service, character and wisdom. These pillars came into vision with the divine guidance of Founder and Head of Divya Jyoti Jagrati Sansthan (DJJS), His Holiness Shri Ashutosh Maharaj Ji. He rationalizes the meaningfulness of education with the influential tools of morals and ethics that epitomize one's traits and character. Shri Maharaj Ji expresses that an individual whose personality is bestowed with high virtues can only serve as a responsible citizen of the country.

Based on these values, Manthan stepped ahead with an aspiration to beautify the life of under-privileged children, living in slum and rural areas, with the ornaments of morals and ethics. Comprehending the clarion call to restore the glory of our fading Indian value system, it laid the foundation stone of Sampooran Vikas Kendras (SVKs) that are not merely concrete buildings

but encompass an ambience becharmed with traditional vibes. Established in Delhi, Haryana, Punjab, and Bihar, Manthan runs 14 SVKs providing supplementary schooling, out of which seven new centres were opened during the Financial Year 2013-14.

What impedes the progress of such children is the lack of awareness towards education, illiteracy and non-affordability of quality education by their families. The absence of education renders their inborn talent or abilities futile and ineffectual. The flipside exhibits a sea change in the contemporary scenario where, although children from elite families attend prestigious schools that demand money and espouse a high profile educational structure, moral education seems to be a missing ingredient of their course curriculum.

Being a hard-headed educational initiative, Manthan manifests the fusion of focused learning and ingrained value system. To add more, the whole experience is nourished with recreation and outdoor sports that boost the competitive spirit of children. Their demeanor is personified with confidence and enthusiasm for learning as they are offered a congenial environment where teachers become their friends.

Take a look at the flow chart that depicts the framework of Manthan.

MANTHAN FRAMEWORK



It is noteworthy that Manthan's social mobilizing team has been actively contributing to all its initiatives through surveys in slum areas, regular meetings with centres to identify and resolve their constraints, and parents' counseling to broaden their mindset towards education. Furthermore, young and dynamic youth are engaged with Manthan as selfless and dedicated volunteers who supervise the planning and execution of events.



Year-Round
Activities -
2013-14

Supplementary Classes at Manthan-SVKs:

- Strengthen the core educational foundation of students who lack basic understanding of subjects (Language, Math and Science).
- Support the school drop-outs and non-school goers to build their knowledge base and elevate their level to join formal schooling.
- Bring out the best of students' potential through regular academic sessions blended with fun and learning and exam preparation through stress busting sessions.
- Innovate powerful learning techniques enriched with practical methodologies.
- Promote the independent thinking ability of students to analyze the information and evolve critical thinking.

Manthan is an effective approach towards nurturing the holistic development of students. This provides the much-needed impetus to their capabilities.

It is worthwhile to mention that the knowledge base of Manthan-SVK students now exhibits a sea change.

Academic
Sessions through
Enrichment
Classes

State	Branch	Academic Sessions through Enrichment Classes
Delhi	Shakurpur	230
	Mangolpuri	179
	Patel Nagar	67
	Dwarka	149
	Rithala	146
	Vikaspuri	171
	Badli	143
Haryana	Gurgaon	124
	Faridabad	114
Bihar	Padampur - Saharsa	170
	Dhanauja - Saharsa	168
	Khijalsarai - Gaya	160
Punjab	Ashok Nagar - Ludhiana	62
	Gopal Nagar - Ludhiana	64



Taking a step beyond teaching routine subjects at Manthan-SVKs, Moral Education is perceived as an equally significant subject to amalgamate with the course curriculum. While other subjects make students academically strong, Moral Education channelizes their thought pattern towards righteous thinking that rests on the pillars of harmony, unity, integrity, brotherhood, sympathy, and compassion. This acquaints them with the rich traditional and cultural heritage of the country.

Manthan-SVKs held Moral Education sessions and motivational workshops to help children realize their potential and cultivate the knack of making right choices in life. This value-based education strives to develop the moral, aesthetic, and spiritual aspects of children's personality.

Attention-grabbing movie sessions, exciting storytelling sessions, and informative spiritual lectures were held to sow the seeds of morality in their instincts.



State	Branch	Moral Education Sessions
Delhi	Shakurpur	10
	Mangolpuri	2
	Patel Nagar	1
	Dwarka	3
	Rithala	11
	Vikasपुरi	2
	Badli	2
Haryana	Gurgaon	3
	Faridabad	2
Bihar	Padampur - Saharsa	2
	Dhanauja - Saharsa	2
	Khijalsarai - Gaya	2
Punjab	Ashok Nagar - Ludhiana	1
	Gopal Nagar - Ludhiana	1



Not only academic growth, Manthan-SVKs also endeavour to unfold the creative capabilities hidden in students through Performing Arts. Sessions like dance, music and dramatics were regularly organized to offer them big platforms to showcase their artistic expressions. Fervent students wholeheartedly participated and realized their area of expertise.

After all, it's a feel-good sentiment they take back home and seek pleasure in the appreciation of their skills.

Cultural Enhancement through Performing Arts

State	Branch	Cultural Enhancement through Performing Arts
Delhi	Shakurpur	5
	Mangolpuri	2
	Patel Nagar	2
	Dwarka	7
	Rithala	10
	Vikasपुरी	6
	Badli	1
Haryana	Gurgaon	5
	Faridabad	1
Bihar	Padampur - Saharsa	1
	Dhanauja - Saharsa	1
	Khijalsarai - Gaya	1
Punjab	Ashok Nagar - Ludhiana	7
	Gopal Nagar - Ludhiana	8



Leading to the development of mental health as well as cognitive senses, Yoga and Meditation mentor the psychological dimensions of children through peaceful yet joyful practices. No doubt, this improves their concentration and enhances their grasping power.

Manthan-SVKs held regular prayer recitation and ved mantra chanting sessions to infuse their demeanour with positive energy, soul nourishment and optimistic attitude towards life.

Spiritual Enhancement through Yoga/ Meditation and Vedic Chanting

State	Branch	Spiritual Enhancement through Yoga/ Meditation and Vedic Chanting
Delhi	Shakurpur	5
	Mangolpuri	1
	Patel Nagar	1
	Dwarka	1
	Rithala	1
	Vikaspuri	1
	Badli	1
Haryana	Gurgaon	1
	Faridabad	1
Bihar	Padampur - Saharsa	2
	Dhanauja - Saharsa	2
	Khijalsarai - Gaya	2
Punjab	Ashok Nagar - Ludhiana	1
	Gopal Nagar - Ludhiana	1



Being an important ingredient of life, recreation influences one's mood and attitude. Similar is its impact on studies. With a regular dose of exciting outdoor activities, students were instinctively inclined to study and perform to the best of their ability. They were encouraged to prove their worth in outdoor games like musical chairs, football, Athletics etc., and sharpen their competence.

Excursions organized by some SVKs to visit leisure spots also enthralled students as they rejuvenated themselves sufficiently.

Physical Enhancement through Outdoor Games and Excursions

State	Branch	Physical Enhancement through Outdoor Games and Excursions
Delhi	Shakurpur	1
	Mangolpuri	1
	Patel Nagar	1
	Dwarka	2
	Rithala	8
	Vikasपुरi	2
	Badli	2
Haryana	Gurgaon	1
	Faridabad	1
Bihar	Padampur - Saharsa	2
	Dhanauja - Saharsa	1
	Khijalsarai - Gaya	1
Punjab	Ashok Nagar - Ludhiana	1
	Gopal Nagar - Ludhiana	1



Indoor games maintain the cheerfulness and exuberance of the ambience. Manthan-SVKs bustled with lively activities like magic square, carom, chess, surprise bag etc., and students gave their pleasurable participation.

Held along with the regular academic sessions, indoor games help sustain the passion in students to learn and grow.

Intuitive Enhancement through Indoor Games

State	Branch	Intuitive Enhancement through Indoor Games
Delhi	Shakurpur	4
	Mangolpuri	2
	Patel Nagar	1
	Dwarka	1
	Rithala	2
	Vikaspuri	1
	Badli	2
Haryana	Gurgaon	4
	Faridabad	1
Bihar	Padampur - Saharsa	2
	Dhanauja - Saharsa	1
	Khijalsarai - Gaya	1
Punjab	Ashok Nagar - Ludhiana	1
	Gopal Nagar - Ludhiana	1



The World Health Organization (WHO) has defined Life Skills as "abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life".

Life Skills-Based Education (LSBE) has a long history of supporting child development and health promotion. Life Skills manifest the psycho-social skills that instill positivity and valued behaviour, including reflective skills such as problem-solving and critical thinking as well as personal skills such as self-awareness and interpersonal skills.

Impactful sessions on time management, good study habits, memory improvement skills, coping with emotions, good communication skills, reducing communication gap between parents and children etc., were imparted to inculcate qualities such as self-esteem, sociability and tolerance in children at Manthan-SVKs.

Mental Enhancement through Life Skill Sessions

State	Branch	Mental Enhancement through Life Skill Sessions
Delhi	Shakurpur	9
	Mangolpuri	7
	Patel Nagar	2
	Dwarka	1
	Rithala	6
	Vikasपुरi	3
	Badli	4
Haryana	Gurgaon	3
	Faridabad	3
Bihar	Padampur - Saharsa	1
	Dhanauja - Saharsa	0
	Khijalsarai - Gaya	0
Punjab	Ashok Nagar - Ludhiana	1
	Gopal Nagar - Ludhiana	1



Skill Enhancement Sessions at Manthan-SVKs are based on Socially Useful Productive Work (SUPW) that includes Home Science and Art & Craft.

Keeping in mind the hobbies and interests of students, such sessions were customized and organized to help them nurture their skills.

The promotion of Visual Arts like drawing, painting, craft products etc. is equally important at the SVKs where students transform their emotions to forms, shapes or sketches. They zealously participated in these sessions and illustrated their artistic abilities.

They tried their hand at exploring new ideas, experimented with assorted methods and analyzed their creative work. That's what rekindled their inventiveness and imagination that might have remained dormant, if left untapped.

Skill Enhancement Sessions

State	Branch	Skill Enhancement Sessions
Delhi	Shakurpur	5
	Mangolpuri	7
	Patel Nagar	5
	Dwarka	8
	Rithala	13
	Vikasपुरी	14
	Badli	19
Haryana	Gurgaon	8
	Faridabad	4
Bihar	Padampur - Saharsa	2
	Dhanauja - Saharsa	2
	Khijalsarai - Gaya	1
Punjab	Ashok Nagar - Ludhiana	3
	Gopal Nagar - Ludhiana	4



Manthan-SVKs celebrated all the festivals to promote the healthy spirit of camaraderie among students. They were apprised of the social, spiritual, scientific, environmental and historical significance, if related to a festival.

Annual Days were also celebrated at Patel Nagar and Rithala branches in Delhi as well as at Ashok Nagar and Gopal Nagar branches in Punjab. With first time exposure on stage, thumping cultural and patriotic dance performances by students earned them laurels from parents and sponsors.

The students of Dwarka SVK in Delhi also presented a skit on "Importance of Education", especially for a girl child, on the occasion of Republic Day. Parents and sponsors were also present on the occasion and appreciated the efforts put in by Manthan.



State	Branch	Event Celebration
Delhi	Shakurpur	5
	Mangolpuri	3
	Patel Nagar	5
	Dwarka	7
	Rithala	7
	Vikaspuri	2
	Badli	3
Haryana	Gurgaon	6
	Faridabad	1
Bihar	Padampur - Saharsa	1
	Dhanauja - Saharsa	0
	Khijalsarai - Gaya	0
Punjab	Ashok Nagar - Ludhiana	2
	Gopal Nagar - Ludhiana	3



Lack of education and awareness among people living in slums takes a toll on their health. In addition, the fear of losing a day's wage emerges as their reluctance to approach a physician or reach the nearby medical facility.

On that account, regular health checkup camps were organized for general medical examination and eye testing of Manthan-SVK students as well as the community people. Such community initiatives proved to be extremely influential in raising awareness among students, their parents, and community on health and hygiene.

Besides, providing needful medication and daily nutritive supplements to students is a routine practice followed at all the SVKs.



State	Branch	Health Checkup Camps
Delhi	Shakurpur	1
	Mangolpuri	4
	Patel Nagar	1
	Dwarka	1
	Rithala	1
	Vikaspuri	2
	Badli	1
Haryana	Gurgaon	1
	Faridabad	1
Bihar	Padampur - Saharsa	1
	Dhanauja - Saharsa	1
	Khijalsarai - Gaya	1
Punjab	Ashok Nagar - Ludhiana	1
	Gopal Nagar - Ludhiana	1



Teachers at SVKs constantly remain in touch with children's parents so as to brief them about the progress of their wards and discuss suggestions or areas of improvements. Regular Parents' Teacher Meetings were organized at all the centres and parents were glad with this educational initiative that kicked-off the progressive phase of their children's lives.

These meetings also conduct parents' counseling who lack awareness on the importance of education and are often victimized by drug abuse and alcohol. They are made conversant with the rising need to send their children to schools. Besides, this counseling helps them comprehend their children's psychology and hence, they are motivated to provide an adequate environment where their children can study freely.

State	Branch	Parents Teacher Meeting: One-on-One Interaction
Delhi	Shakurpur	4
	Mangolpuri	1
	Patel Nagar	1
	Dwarka	3
	Rithala	1
	Vikasपुरi	4
	Badli	1
Haryana	Gurgaon	1
	Faridabad	1
Bihar	Padampur - Saharsa	10
	Dhanauja - Saharsa	8
	Khijalsarai - Gaya	5
Punjab	Ashok Nagar - Ludhiana	1
	Gopal Nagar - Ludhiana	1

Parents Teacher Meeting: One-on-One Interaction



Support material like stationery items necessary for daily utility activities were provided to students. Uniform distribution events were also held at some SVKs with the help of sponsors and supporters.

The sustenance of vital nutrients in children is also ensured at all Manthan-SVKs. Children were provided regular supplementary diets in the form of seasonal fruit and food rich in iron, fibre etc.

Distribution

State	Branch	Distribution	
		Stationery	Supplementary Diet - No. of Days
Delhi	Shakurpur	5	110
	Mangolpuri	7	100
	Patel Nagar	4	80
	Dwarka	6	110
	Rithala	6	85
	Vikaspuri	5	105
	Badli	15	115
Haryana	Gurgaon	7	90
	Faridabad	4	85
Bihar	Padampur - Saharsa	2	105
	Dhanauja - Saharsa	2	90
	Khijalsarai - Gaya	2	85
Punjab	Ashok Nagar - Ludhiana	5	110
	Gopal Nagar - Ludhiana	5	110

State	Branch	Distribution	
		Uniform	No. of Students
Punjab	Ashok Nagar - Ludhiana	1	95
	Gopal Nagar - Ludhiana	1	92



Women's Empowerment International Foundation (WEIF) funded the participation of five Manthan-SVK teachers in a workshop on "River MGML Methodology" held from November 11-16, 2013 at River Valley Institute for Educational Resources (RIVER), Madanapalle, Andhra Pradesh. This familiarized them with the innovative learning methodology developed by RIVER and modern techniques to foster academic development in children.

An internal meeting of Delhi teachers was held on January 19, 2014 to track the progress of students and problems faced by teachers. Teachers expressed their views and gave valuable suggestions to overcome all sorts of challenges that cropped up while running the centres. Novel methods were devised to juggle challenges and pave the way for improvement.

Upgrading
Skills of
Teachers

Sadhvi Deepa Bharti Ji (Program Coordinator, Manthan) cast light on the future aspirations of Manthan and motivated the team to gear up for more initiatives to come. Teachers who attended the workshop at RIVER also shared the teaching methodologies taught to them.

Comprehending the vision of Manthan-SVKs for elevating the position of disadvantaged children of the society, Ms. Anuradha, Principal, S.S. Kidzz Montessori House, Hyderabad, visited Shakurpur SVK in Delhi. Thereafter, she proposed to conduct a workshop for teachers at DJJS Head Office in Pitampura. This workshop brought a learning experience to teachers who were acquainted with contemporary techniques to teach children while using activity based material.

RISHI VALLY INSTITUTE FOR EDUCATIONAL RESOURCES (RIVER)
EXPOSURE WORKSHOP ON RIVER MGML METHODOLOGY
PARTICIPANTS: SOMAIYA LEARNING CENTRES
MANTHAN, DELHI, SMDT, SRIRAMPUR



venue: RISHI VALLY INSTITUTE FOR EDUCATIONAL RESOURCES (RIVER)
Date: 11th nov to 16th nov 2013



A team from Khabrain Abhi Tak news channel visited Manthan-SVK at Gurgaon during Diwali celebration. A lot of interesting interactions happened between students and the Anchor, Ms. Gunjan Khanna who was accompanied by her team. She also interviewed Manthan's Program Coordinator, Sadhvi Deepa Bharti Ji, to gain an insight into the ideology behind Manthan's educational initiative for under-privileged children.

To watch the video, log on to <http://www.djjs.org/manthan/news/manthan-diwali-special-program>

Manthan in
News

दैनिक भास्कर

भारत का सबसे बड़ा समाचार पत्र समूह

पंजाब

लुधियाना

नवम्बर, 20 अक्टूबर, 2013

शिक्षा का जीवन में बहुत महत्व : साध्वी मीमांसा

दिव्य ज्योति जागृति संस्थान की ओर से मंथन कार्यशाला में स्वतंत्रता दिवस का आयोजन किया गया

भास्कर न्यूज़ | लुधियाना

दिव्य ज्योति जागृति संस्थान की ओर से मंथन कार्यशाला में स्वतंत्रता दिवस का आयोजन किया गया। जिसमें नन्हें-मुने बच्चों ने अपनी क्षमता का लोहा मनवाया।

इस अवसर साध्वी मीमांसा भारती ने कहा कि यह स्कूल महाराज की दिव्य प्रेरणा से ही शुरू किया गया। अगर कोई गरीब है तो कोई शक्त नहीं। वह जैसे जैसे अपने जीवन का निर्वाह कर सकता है। उन्होंने बताया कि पहले प्रधानमंत्री पंडित जवाहर लाल नेहरू जो बच्चों के बहुत प्रिय थे, का एक सपना था कि भारत का हर बच्चा पढ़ा-लिखा हो।

सर्व श्री आशुतोष महाराज जी की कृपा से संस्थान ने मंथन मुर्शिदा के तहत गरीब व खाल मजदूरों को पढ़ाने का बीड़ा उठाया है। क्योंकि शिक्षा का जीवन में बहुत महत्व है। महानुरुपों ने कहा है कि जब जबकि विद्या को विचारता है तो उसके जीवन में परीफेक्टर की भावना आती है। परंतु आज हम देखते हैं कि क्या विद्या प्राप्त करने वाले लोगों में ऐसी भावना है।

आज चारों ओर धोखा, भ्रष्टाचार का खोलवाला है। मंथन नामक इस कार्यशाला में बच्चों को बाहरी शिक्षा के साथ मानसिक, बौद्धिक, शारीरिक और आध्यात्मिक शिक्षा दी जाती है। जिससे उनके भीतर नैतिक मूल्यों का सुरु उदय होता है। जो उन्हें सत्य में विश्वासी बनाती है। स्वार्थी नहीं। संस्थान की ओर से बच्चों को संस्कार के सभी गुण सिखाए जाते हैं। इस अवसर पर कमल चेटली, राजविवेक सिंह, खैराती लाल, देवी सहय, बलवीर सिंह, सुरजीत सिंह, कुलदीप सिंह, भरत भूपण, पंकज आदि ने संस्थान के प्रस्ताव की।



दिव्य ज्योति जागृति संस्थान की ओर से मंथन कार्यशाला में स्वतंत्रता दिवस का आयोजन किया गया।



दिव्य ज्योति जागृति संस्थान की ओर से मंथन कार्यशाला में मंच पर प्रोग्राम पेश करते बच्चे।



Manthan believes in the spirit of team work and joint efforts. Its recent collaboration with the Rotaract Club, Shri Guru Gobind Singh College of Commerce, Delhi University, came as a coveted opportunity to spur its educational drive in slums.

The students of Manthan-SVK at Mangolpuri participated in Consortium 2014 organized by the Rotaract Club. Manthan's Program Coordinator Sadhvi Deepa Bharti, was invited as the Chief Guest. There was a praiseworthy dance performance by four Manthanites.

With this incredible support from Rotaractors, Manthan embarked on setting up a SVK at Patel Nagar, Delhi. It was a factory outlet that underwent the process of transformation as young and

dynamic Rotaractors got engaged in renovating and converting that place into a beautiful supplementary school.

Another momentous beginning came with the proposed partnership of Manthan with a Canadian organization, Women's Empowerment International Foundation (WEIF). Mrs. Nargis Jamal, Founder of WEIF, visited all the centres in Bihar and expressed the collaboration prospects to support Community Initiative Program and Village Improvement Project in four backward villages settled in the state. A survey was conducted in those villages, two of which are flood-affected villages.

For detailed information, log on to www.djjs.org/manthan/news.

Future Projection

- Upgrade Manthan-SVKs
- Restructure Supplementary Schooling of Manthan-SVKs in Bihar to Formal Schooling
- Introduce Sanskrit in course curriculum
- Execute Community Initiative Program in Bihar
- Execute Village Improvement Program in Bihar and Bhopal
- Upgrade qualification and skills of Manthan-SVK teachers
- Commence Vocational Training Centres at Manthan-SVKs
- Sustained Focus on Girl Child Education
- Open New Centres in remote and slum areas of Orissa, Madhya Pradesh and Rajasthan
- Educational Trips for Students



Partnerships
and
Collaborations

Our results explain the story of success of Manthanites

Bihar

98% Komal Nursery	98% Manisha L.K.G	97% Khushboo L.K.G	95% Indu L.K.G	95% Andesh III	93% Krishna III	93% Dhiraj L.K.G	92% Raman U.K.G	92% Ritu Raj Nursery

Delhi

95% Sushmita III	94% Radhika III	94% Raghunath III	92% Jayanti IV	90% Anjali II	90% Khushi II	90% Monica IV	88% Nisha II	87% Abhishek II

Punjab

93% Arun U.K.G	93% Sahil Nursery	92% Kumkum U.K.G	89% Kajal Nursery	87% Khushi L.K.G	87% Palak L.K.G	86% Sumit Ball U.K.G	86% Sunil L.K.G	84% Pari L.K.G

We earnestly take this opportunity to offer our deepest thanks to all the sponsors whose contribution made it possible for under-privileged children to discover their academic potential. Full of joy, pleasure, and hope, these children are the proud Manthanites today.

We are pleased to share that Manthan received 576 sponsorships from world over, for this Financial Year to support the education of under-privileged children and enable their potential to rise up.

Shining tots of Manthan-SVKs proved their brilliance in academics and earned laurels for their excellent performance.

Academic
Achievers of
Manthan-SVKs

Thank You
Sponsors



Come forward, Support the generous cause
Adopt a Child, Adopt a Supplementary Education Center
For Account details, log on to: www.djjs.org/manthan
email: manthan@djjs.org , contact - +91-8826214468



DIVYA JYOTI JAGRATI SANSTHAN

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